

# Guinness World Record Stair Climb

Justin Stewart

November 23, 2013

Springfield Hilton

Springfield, IL

Lap	Start	Finish	Up Time	Down Time			
1	6:08:35 AM	6:13:38 AM	05:03.3				
2	6:14:36 AM	6:19:39 AM	05:02.5	00:58.0			
3	6:20:27 AM	6:25:29 AM	05:01.8	00:48.3			
4	6:26:16 AM	6:31:22 AM	05:05.2	00:47.3			
5	6:32:11 AM	6:37:16 AM	05:04.4	00:50.0			
6	6:38:05 AM	6:43:10 AM	05:05.4	00:48.7	<b>Average</b>	05:24.0	00:48.8
7	6:43:57 AM	6:49:03 AM	05:06.0	00:47.0	<b>Max</b>	12:46.8	01:42.2
8	6:49:48 AM	6:54:53 AM	05:04.8	00:44.9	<b>Min</b>	04:50.3	00:41.0
9	6:55:36 AM	7:00:41 AM	05:05.5	00:43.0			
10	7:01:26 AM	7:06:31 AM	05:04.6	00:45.1			
11	7:07:16 AM	7:12:22 AM	05:06.3	00:44.7			
12	7:13:06 AM	7:18:11 AM	05:04.2	00:44.4			
13	7:18:54 AM	7:23:56 AM	05:01.5	00:43.6			
14	7:24:40 AM	7:29:41 AM	05:00.8	00:44.6			
15	7:30:30 AM	7:35:31 AM	05:01.1	00:49.0			
16	7:36:18 AM	7:41:26 AM	05:07.4	00:47.1			
17	7:42:10 AM	7:47:18 AM	05:08.5	00:43.8			
18	7:48:04 AM	7:53:10 AM	05:05.2	00:46.2			
19	7:53:55 AM	7:58:57 AM	05:01.6	00:45.9			
20	7:59:42 AM	8:04:45 AM	05:03.3	00:44.6			
21	8:05:33 AM	8:10:36 AM	05:03.6	00:47.9			
22	8:11:25 AM	8:16:29 AM	05:03.9	00:48.7			
23	8:17:15 AM	8:22:19 AM	05:04.4	00:45.5			
24	8:23:01 AM	8:28:04 AM	05:02.9	00:42.4			
25	8:28:47 AM	8:33:52 AM	05:04.8	00:42.6			
26	8:34:35 AM	8:39:37 AM	05:02.1	00:43.5			
27	8:40:21 AM	8:45:29 AM	05:07.6	00:44.2			
28	8:46:13 AM	8:51:15 AM	05:02.2	00:44.2			
29	8:51:58 AM	8:57:00 AM	05:01.9	00:42.4			
30	8:57:51 AM	9:02:50 AM	04:59.8	00:50.9			
31	9:03:33 AM	9:08:37 AM	05:04.0	00:42.9			
32	9:09:29 AM	9:14:32 AM	05:03.2	00:51.4			
33	9:15:17 AM	9:20:22 AM	05:05.9	00:44.6			
34	9:21:04 AM	9:26:10 AM	05:06.2	00:41.1			
35	9:26:55 AM	9:31:56 AM	05:01.2	00:45.3			
36	9:32:38 AM	9:37:42 AM	05:03.4	00:42.1			
37	9:38:23 AM	9:43:27 AM	05:04.0	00:41.0			
38	9:44:09 AM	9:49:13 AM	05:03.2	00:42.6			
39	9:49:59 AM	9:55:04 AM	05:04.4	00:46.8			
40	9:55:45 AM	10:00:46 AM	05:01.2	00:41.3			
41	10:01:30 AM	10:06:31 AM	05:01.6	00:43.4			
42	10:07:17 AM	10:12:23 AM	05:06.2	00:46.0			
43	10:13:11 AM	10:18:09 AM	04:57.7	00:47.9			

44	10:19:41 AM	10:24:38 AM	04:57.2	01:32.2 Break
45	10:25:29 AM	10:30:30 AM	05:01.4	00:50.4
46	10:31:13 AM	10:36:15 AM	05:02.3	00:42.5
47	10:37:00 AM	10:42:02 AM	05:02.4	00:44.5
48	10:42:46 AM	10:47:48 AM	05:01.8	00:44.3
49	10:48:31 AM	10:53:38 AM	05:07.2	00:43.2
50	10:55:21 AM	11:00:21 AM	05:00.3	01:42.2
51	11:01:04 AM	11:06:14 AM	05:10.6	00:42.8
52	11:06:59 AM	11:11:57 AM	04:58.9	00:44.3
53	11:12:42 AM	11:17:52 AM	05:09.7	00:44.6
54	11:18:40 AM	11:23:44 AM	05:03.6	00:48.5
55	11:24:31 AM	11:29:35 AM	05:03.8	00:47.2
56	11:30:26 AM	11:35:30 AM	05:04.4	00:51.2
57	11:36:16 AM	11:41:19 AM	05:02.8	00:45.5
58	11:42:05 AM	11:47:08 AM	05:03.0	00:46.3
59	11:47:53 AM	11:52:55 AM	05:01.6	00:45.2
60	11:53:41 AM	11:58:41 AM	05:00.3	00:46.1
61	11:59:25 AM	12:04:26 PM	05:00.8	00:43.9
62	12:05:20 PM	12:10:22 PM	05:01.9	00:53.9
63	12:11:03 PM	12:16:05 PM	05:01.8	00:41.7
64	12:16:54 PM	12:21:58 PM	05:03.6	00:49.2
65	12:22:41 PM	12:27:44 PM	05:02.7	00:43.4
66	12:28:28 PM	12:33:38 PM	05:09.2	00:44.4
67	12:34:23 PM	12:39:27 PM	05:04.1	00:45.2
68	12:40:12 PM	12:45:21 PM	05:08.5	00:45.4
69	12:46:09 PM	12:51:10 PM	05:00.8	00:48.0
70	12:51:57 PM	12:57:03 PM	05:06.9	00:47.0
71	12:57:51 PM	1:02:54 PM	05:02.2	00:47.9
72	1:03:40 PM	1:08:45 PM	05:04.9	00:46.4
73	1:09:29 PM	1:14:36 PM	05:06.6	00:44.2
74	1:16:03 PM	1:21:05 PM	05:01.4	01:27.7
75	1:21:50 PM	1:26:56 PM	05:06.0	00:45.3
76	1:27:41 PM	1:32:41 PM	05:00.4	00:44.9
77	1:33:24 PM	1:38:23 PM	04:59.3	00:42.6
78	1:39:09 PM	1:44:13 PM	05:03.6	00:46.0
79	1:44:57 PM	1:49:59 PM	05:01.7	00:44.3
80	1:50:42 PM	1:55:49 PM	05:07.0	00:43.5
81	1:56:34 PM	2:01:42 PM	05:08.0	00:44.7
82	2:02:33 PM	2:07:38 PM	05:04.7	00:51.0
83	2:08:27 PM	2:13:30 PM	05:03.0	00:49.2
84	2:14:19 PM	2:19:23 PM	05:04.0	00:49.0
85	2:20:14 PM	2:25:11 PM	04:57.1	00:51.3
86	2:25:59 PM	2:31:05 PM	05:06.1	00:48.0
87	2:31:53 PM	2:36:53 PM	05:00.3	00:47.8
88	2:37:42 PM	2:42:45 PM	05:03.2	00:48.7
89	2:43:33 PM	2:48:31 PM	04:57.8	00:48.2
90	2:49:18 PM	2:54:15 PM	04:56.5	00:47.1
91	2:55:03 PM	3:00:02 PM	04:58.8	00:47.9
92	3:00:55 PM	3:05:58 PM	05:03.0	00:53.1
93	3:06:55 PM	3:11:56 PM	05:00.3	00:57.6
94	3:12:43 PM	3:17:48 PM	05:04.9	00:47.2
95	3:18:41 PM	3:23:40 PM	04:59.2	00:53.4

96	3:24:28 PM	3:29:33 PM	05:05.2	00:47.9
97	3:30:22 PM	3:35:33 PM	05:10.7	00:49.1
98	3:36:20 PM	3:41:20 PM	04:59.5	00:47.3
99	3:42:12 PM	3:47:10 PM	04:58.7	00:51.9
100	3:48:04 PM	3:53:04 PM	04:59.9	00:53.8
101	3:53:55 PM	3:58:52 PM	04:57.8	00:50.4
102	3:59:46 PM	4:05:28 PM	05:42.7	00:53.3
103	4:06:28 PM	4:11:47 PM	05:19.2	00:59.7
104	4:12:36 PM	4:17:39 PM	05:02.8	00:49.1
105	4:18:36 PM	4:23:38 PM	05:02.6	00:56.7
106	4:24:30 PM	4:29:51 PM	05:21.3	00:51.5
107	4:30:46 PM	4:36:28 PM	05:42.1	00:54.9
108	4:37:20 PM	4:50:07 PM	12:46.8	00:51.9
109	4:51:01 PM	5:01:53 PM	10:51.5	00:54.4
110	5:02:45 PM	5:14:40 PM	11:54.7	00:52.2
111	5:15:46 PM	5:26:24 PM	10:38.1	01:05.7
112	5:27:15 PM	5:35:57 PM	08:41.2	00:51.8
113	5:36:59 PM	5:44:51 PM	07:52.3	01:02.3
114	5:45:45 PM	5:56:07 PM	10:21.7	00:53.6
115	5:56:59 PM	6:02:57 PM	05:57.8	00:52.9
116	6:03:46 PM	6:08:36 PM	04:50.3	00:48.5